



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WELLNESS PARTNERSHIP

HEALTHIER BUSINESS, HEALTHIER EMPLOYEE

KEARNEY FAMILY YMCA

By **partnering** with the Kearney Family YMCA, not only will your **employees benefit**, your company will benefit as well. Your employees will have the **opportunity** to be part of a place where people can build stronger bonds, **achieve** greater work/life balance and become more **engaged** with their community!

It is a fact that **healthy** employees are more **productive**, have lower stress, are more **positive**, miss work less often, lower **healthcare** costs, and have fewer medical claims.

Plus, it gives your employees benefit program one more attractive **option**, leading to greater employee **satisfaction** and **retention!**



2021 PARTNERSHIP BENEFITS:

YMCA MONTHLY RATES	EMPLOYER CONTRIBUTION	YMCA MATCH	EMPLOYEE PAYS
2 Adult with Youth \$75.75	\$5 and up	\$5-\$10	\$65.75 maximum
1 Adult with Youth \$66.00	\$5 and up	\$5-\$10	\$56.00 maximum
Young Adult \$39.75	\$5 and up	\$5-\$10	\$29.75 maximum
1 Adult \$51.25	\$5 and up	\$5-\$10	\$41.25 maximum
2 Adult \$73.00	\$5 and up	\$5-\$10	\$63.00 maximum



You have the power of choice.

You **choose** your investment level!

We will **match** this amount up to \$10!

We will **waive the join fee** for all new and returning members! \$50 savings!

Businesses will be **invoiced monthly** for payment based on **units of membership**.

Facility **usage reports** will be provided as requested.



CURRENT PERKS

Partnership Welcome Night

Let's get this partnership started with a night to allow your employees to come to the Y! Our Welcome Night will allow your employees to get a tour, register for any programs that catch their eyes, start their membership, and take part in some fun activities! Raise engagement of your brand together!

Volunteer Opportunities

Volunteering at the YMCA is a fun and rewarding way to support your neighbors, strengthen your community, and connect with amazing people. We believe that lasting personal and social change happens when we all work together. When you volunteer at the Y, you take an active role in changing and strengthening your community.



Healthy Living Challenges

Let's challenge your team together!

Healthy Living challenges are short-term behavior change contests, interventions, and team activities designed to improve health and employee morale. These can be scheduled and run whenever you would like. Common challenges examples: Gallon A Day, Step Challenges, Eat Your Greens, and any suggestions you would like!

Wellness Jumpstart Program

[4 Week Program]

Sometimes all you really need is a jump start in the right direction. With this 4 week program individuals will learn the importance of how sleep, nutrition, exercise, moral support, and goal setting each play an equal part in the journey of wellness. [Staff that complete the class will receive an additional \\$10 off their membership for one month.](#)



Terri Miller,
Wellness Ambassador
& Personal Trainer

Open House Week

Open House Week will allow your employees to "Try the Y" for a week before they join. This can be scheduled up to three times a year.

Lunch & Learns

[Zoom or In-Person]

You choose the wellness topic for us to speak to your team about. Examples: Balance of Nutrition, Your Y Membership, Corporate Perks, etc.

Group Ex. Demo Classes

Group Exercise demos give your employees the chance to try our classes. We do require a minimum of 4 people to show interest and register before we schedule a demo.

Annual Corporate Night

[After Hours]

Celebrate the employees work, by letting them have the Kearney Y all to themselves for the evening. Schedule through Dillon Nelson.



Child Care Discount

[10% Discount]

We don't want your teammates to stress about finding Child Care. Voted 2nd best Child Care in Kearney, we offer Before/After School Care, Full Day Care, Kindergarten Prep, Summer/Holiday Camps, and School Day Outs.

NationWide Membership

Nationwide Membership enables you to visit any participating YMCA in the United States through membership at your "home" YMCA (your home Y is the local association that enrolled you as a member and collects your membership dues). We offer this because we want to help you reach your health and wellness goals wherever you live, work, or travel. This is an essential part of our mission to strengthen communities.

