



KEARNEY FAMILY YMCA

# MEMBERSHIP HANDBOOK

7.13.2023

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# GETTING STARTED

## MEMBERSHIP CATEGORIES

**Youth:** One child 18 and younger

**Young Adult:** Young adult 19–25 years of age

**Adult:** Individual 26–64 years of age

**Senior:** Individual 65–79 years of age

**1 Adult with Youth:** Household with one adult and all the children residing in the house

**2 Adults:** Household with two adults 19–64

**2 Adults with Youth:** Household with two adults and children residing in the house

**Senior Household:** Household in which at least one adult is at least 65 years of age

**Golden:** Individual 80 and older

**Additional Adults:** You can add any additional adults (18+) that are living in the same household for \$16 per individual per month added to the monthly membership draft.

For the safety of all our members information and to prevent theft, photos are required for all members at the Kearney Family YMCA. Photos are not shared and are only viewed on our member system and YMCA Nationwide program.

## FACILITY HOURS

Fall Hours

Monday–Thursday 5:00 am – 10:00 pm

Friday 5:00 am – 9:00 pm

Saturday 6:30 am – 8:00 pm

Sunday 12:00pm –8:00 pm

Summer Hours

Monday–Friday 5:00 am – 9:00 pm

Saturday 6:30 am – 4:30 pm

Sunday 12:00pm –4:30 pm

**HOURS ARE SUBJECT TO CHANGE**

## MINIMUM AGE REQUIREMENTS

KEARNEY FAMILY YMCA	CHECK-IN WITHOUT PARENT/ GUARDIAN SUPERVISION	FITNESS CENTER	OPEN GYM/OPEN SWIM	FAMILY CENTER
<b>AGES</b>	<b>AGE 8</b>	8 and younger must be with a parent/guardian 13–15 must present the correct YMCA identification 16 and older no identification required Parents, guardians, and caregivers must remain with the individual during the visit	6 weeks to age 7 with parent or guardian present or age 8 without	<b>AGE 8</b>

## PRIVACY POLICY

The YMCA makes reasonable efforts to protect your personal information and safeguard against the unauthorized processing of personal information, and against accidental loss of, or damage to, personal data, although we cannot provide an absolute guarantee of security of our site. The YMCA collects personally identifiable information (PII) from you when you voluntarily submit information to us. This information may include your name, home address, date of birth, demographic information, payment and other information that we may need to collect in connection with certain participation in events, registrations or membership.

You’ve entrusted us with your personal information and we’re committed to using it wisely. We will not sell your personal information to anyone, for any reason, at any time. We use firewalls and encryption technology to protect personal information on our computer systems. We take precautions to ensure that your Internet account and personal information are accessible only by employees who are authorized to have access to your personal information. For questions pertaining to our Privacy Policy, please contact us at [ymckearney@kearneyymca.org](mailto:ymckearney@kearneyymca.org).

# WELCOME TO THE KEARNEY FAMILY YMCA!

## WHO WE ARE

The Kearney Family YMCA is a mission-led organization that strives to put Christian into practice through programs that build healthy spirit, body, and spirit for all.

## OUR CAUSE

Strengthening the foundations of community through youth development, healthy living and social responsibility.

Youth Development - We believe all kids deserve the opportunity to discover who they are and what they can achieve.

Healthy Living - With a mission centered on balance, the Y brings families closer together, encourages good health, and fosters connections through fitness, sports, fun, and shared interests.

Social Responsibility - Whether developing skills or emotional well-being, through education and training, welcoming and connecting diverse demographic populations or preventing chronic disease and building healthier communities through collaborations with policymakers, the Y fosters the care and respect all people need and deserve.

## OUR VALUES

Caring, Honest, Respect, Responsibility

## THE FOUNDING OF THE KEARNEY FAMILY YMCA

The Kearney Family YMCA's history is a tale of community spirit and progress. In the late 1980s, a donation by Scott Morris provided the first location, known as "The Storefront." The need for more space led to a new site in 1993, thanks to community support and a generous land donation. Through successive Capital Campaigns, the YMCA expanded, adding facilities and improving services. Over two decades, the membership grew to 5000, impacting lives through youth programs and community engagement. The Y's journey reflects the dedication of countless volunteers and the strong support of the Kearney community.

## THE YMCA'S BEGINNING

The YMCA brand stands as a symbol of community vitality and transformation. From its inception, the YMCA has embodied values of inclusivity, health, and personal development. With roots tracing back to 1844 in London, the YMCA has since become a global movement with a presence in over 120 countries. Its reach extends from youth development and healthy living programs to social responsibility initiatives that address pressing community needs. Through partnerships, volunteerism, and innovative programs, the YMCA continues to inspire positive change in individuals and communities worldwide.

## STATEMENT OF DIVERSITY AND INCLUSION

The Kearney Family YMCA is an inclusive organization open to all. The Y believes that in a diverse world we are stronger when we are inclusive when our doors are open to all, and when everyone has the opportunity to learn, grow and thrive. At the Y, we welcome all people regardless of dimensions of diversity including race, faith, color, national origin/ancestry, sex, gender identity, marital status, age, sexual orientation, genetic information, disabilities, or socio-economic status.

## WE'RE MORE THAN JUST A GYM

As a leading nonprofit 501(c)(3) for youth development, healthy living and social responsibility, the Y works side-by-side with our neighbors every day to make sure that everyone—regardless of age, income or background—has the opportunity to take part in holistic wellness. When you support the Y, you help bring about lasting personal and social change.

## VOLUNTEER: BE THE CHANGE

As an organization that was founded on volunteering we believe that it is the true essence of what helps the Y to stand out and connect with our community. Anyone can volunteer with our organization but must complete a background check through the State of Nebraska prior to scheduling your hours.

# DISCLOSURES, BEHAVIORS, & CODE OF CONDUCT

## CODE OF CONDUCT

Following with our values of caring, honesty, respect and responsibility as a guide, the Y's Code of Conduct ensures that all who enter our facility enjoy a safe, welcoming and comfortable environment. We ask individuals to act in a manner that upholds these values at all times when they are in our facility or participating in Y programs. The safety and protection of Y members and guests is a paramount concern of the Kearney Family YMCA. Therefore, we reserve the right to deny access or membership to any person. The following list is illustrative and not intended to include all types of conduct that is prohibited. YMCA staff may define what is considered inappropriate behavior in determination of an individual's access or member's suspension or termination.

- Music, without the use of headphones, is not allowed
- Please wear appropriate clothing for a family environment
- Making physical contact with another person in any angry or threatening way
- Engaging in sexual activity or inappropriate contact with another person
- Harassing or intimidating by words, gestures, body language, or any other menacing behavior
- Stealing or other behavior that results in the loss or destruction of property
- Carrying or concealing any weapon, device or object which may be used as a weapon
- Abusing or defacing any YMCA building, grounds, or its equipment
- Using or possessing illegal drugs or alcohol on YMCA property or in YMCA vehicles
- Smoking and vaping. All YMCA facilities and grounds are smoke-free environments
- Displaying threatening, inappropriate or offensive conduct
- The use of cameras and cell phones is not allowed in the locker rooms
- Conducting or participating in paid or non-paid personal training or other instructional sessions with an instructor not employed by the YMCA
- Violations of any law or ordinance
- Registered sex offenders or any other crime against a child
- Unauthorized entry into the Y or assisting in the unauthorized entry of someone else into the Y
- Making threats against another individual

Members and guests are encouraged to be responsible for their personal comfort and safety. If any person exhibits behavior which threatens another person's comfort or safety, the behavior should be reported to a staff person. Please do not hesitate to notify a staff person if assistance is needed. In order to be able to carry out these policies, we ask that members and guests identify themselves to staff when asked. The Y investigates all reported incidents. Suspension or termination of YMCA membership privileges may result if a violation of this Code of Conduct has occurred.

## DOG & SERVICE ANIMAL POLICY (From the [ada.gov](http://ada.gov) website)

Under the ADA, a service animal is defined as a dog that has been individually trained to do work or perform tasks for an individual with a disability. The task(s) performed by the dog must be directly related to the person's disability.

Are emotional support, therapy, comfort, or companion animals considered service animals under the ADA?

No. These terms are used to describe animals that provide comfort just by being with a person. Because they have not been trained to perform a specific job or task, they do not qualify as service animals under the ADA. However, State or local governments have laws that allow people to take emotional support animals into public place.

What questions can a covered entity's employees ask to determine if a dog is a service animal?

In situations where it is not obvious that the dog is a service animal, staff may ask only two specific questions: (1) is the dog a service animal required because of a disability and (2) what work or task has the dog been trained to perform. Staff are not allowed to request any documentation for the dog, require that the dog demonstrate its task, or inquire about the nature of the person's disability.

## Swimming Pool ADA Policy

The ADA does not override public health rules that prohibit dogs in the swimming pool. However, service animals must be

# DISCLOSURES, BEHAVIORS, & CODE OF CONDUCT CONT.

## **ILLEGAL DRUGS, ALCOHOL POSSESSION, SMOKING AND VAPING**

The Kearney Family YMCA facilities and grounds are environments free of illegal drugs, alcohol, smoking and vaping. If found using or in possession of any of the above, the individual (s) will be in violation of the Y's Code of Conduct. The Kearney Y does reserve the right to request for the action and material to be relocated off Kearney Y grounds or to call the authorities if needed.

## **FIRE ARMS / WEAPONRY**

The possession or carrying of any deadly or offensive weapon by any person is prohibited in the Kearney Family YMCA building, property, or programs.

## **EQUAL OPPORTUNITY**

Our purpose is to practice inclusion by valuing the diversity of all people within our association and the communities we serve. We do so by helping our YMCA increase and support the cultural competence of staff, members, volunteers, and the various publics we serve.

## **SUSPENSION / EXPULSION**

An individual may be suspended or expelled from any specific privilege for conduct unbecoming of a member, guest or program participant, including but not limited to violation of rules, law or ordinance, and disruptive or inappropriate behavior. The Executive Director in charge of the facility has the power to temporarily suspend any member, guest or program participant from the facility, any given group, or activity. Member, guest or program participants who are suspended or expelled are generally not eligible for privileges of NationWide access to the Kearney Y.

## **PICK UP POLICY (YOUTH)**

For the safety of all children at the Kearney Family YMCA, we kindly ask parents and guardians to pick up their children before our closing time. If a child is not picked up within 15 minutes after the facility has closed, the staff will call KPD to have the child picked up and taken home.

## **WAIVER OF LIABILITY DISCLOSURE**

Kearney Family YMCA Release and waiver of Liability and Indemnity Agreement In consideration for being permitted to utilize the facilities, services, and programs of the YMCA for any purpose, including but not limited to observation or use of facilities or equipment, or participation in any program affiliated with the YMCA, without respect to location, the undersigned, for himself or herself and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgement that such premises and all facilities and equipment thereon and such affiliated programs have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use, or participation.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA FOR ANY PURPOSE, INCLUDING BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY PROGRAM AFFILIATED WITH THE YMCA, WITHOUT RESPECT TO LOCATION, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the YMCA, its directors, officers, employees, and agents (hereinafter referred to as "releases") from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned is in, upon, or about the premises or any facilities or equipment therein, or participating in any program affiliated with the YMCA, without respect to location.

(1.) THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releases and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in, upon, or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA whether caused by the negligence of the releases or otherwise.

(2.) THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE due to negligence of releases or otherwise while in, about, or upon the premises of the YMCA and/or while using the premises or any facilities or equipment thereon or participating in any program affiliated with the YMCA.

(3.) THE UNDERSIGNED further expressly agrees that the forgoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of Nebraska and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements, or inducement apart from the foregoing written agreement have been made.



# MEMBERSHIP

## MEMBERSHIP TYPES/CATEGORIES

Youth: One child under the age of 18

Young Adult: A young adult 19-25

Adult: Individuals 26-64

Senior: Individuals 65-79

Senior Household: Household in which at least one adult is at least 65 years old.

1 Adult with Youth: Household with one adult and all the children living in the house.

2 Adult Household: Household with two adults age 18-64.

2 Adults with Youth: Household with two adults and children living in the house.

Golden: FREE membership to all individuals 80 and older

Addition Adults:

## MEMBERSHIP INFORMATION REQUEST RESTRICTIONS

Individuals who are not on the membership/participant unit can not request or change any information without the permission of the primary member, partner on the account, or the individual paying for the membership.

## MEMBERSHIP ACTIVATION, CHANGES, & CANCELLATIONS

Activating a membership, changes to a membership, and cancellations can not be completed over the phone. This is to keep your personal information secured and safe.

## OUTSTANDING BALANCES & ACCESS

Outstanding balances must be resolved before a membership can be activated or program registration completed. Until an outstanding balance has been settled all program registrations, membership access, membership activity, guest passes, and day passes will be denied.

## DAILY / WEEKLY MEMBERSHIPS

Day passes and week passes are available to purchase. Individuals utilizing these options must have an account in good standing, complete a guest waiver, and be checked in before they are permitted to enter the facility.

## SEASONAL MEMBERSHIPS

Summer or Winter memberships are a one-time fee membership which are only available at certain times of the year. These membership types will have a set start and end date and are not eligible for any discounts.

We do not offer a 30 day or 1 month only membership.

## MEMBERSHIP DUES & DRAFTS

The first month of membership dues are payable at the time of sign up at a prorated amount. Your membership dues can be paid via:

**Monthly Automatic Draft:** Under this plan an automatic charge will occur on the first or fifteenth of the month, beginning with your first full month of membership. You may choose to draft from your checking or savings account. Monthly dues continue as long as you are a member. You may discontinue your monthly draft by signing a membership cancellation form 30 days prior to your next automatic draft.

**Annual Payment:** Annual payments in full may be paid by using cash, check, or major credit card.

Please Note: If your draft information changes, please notify us to avoid an additional fee for a declined account. Failure to do so may result in a fee of \$10 per declined transaction and/or the cancellation of your membership.

## HOUSEHOLD RULE

All individuals must be residing in the same household to be active on the same membership. Youth up to 25 years of age are allowed to remain on the membership but are subject to the Nationwide rules if attending school or living in another city. Dorm rooms, not the dormitory building will be counted as a household.

Exception: Members with a diverse abilities

## MEMBERSHIP CHANGES

Memberships at the Kearney Family YMCA are not contracts and can be upgraded or downgraded at any point of their active time. Options such as Memberships Assistance can be applied at any time and add-on fees such as the Nanny Fee can be activated or removed as needed. To make any changes, speak with our Welcome Center for more info to complete a Change Form.

# MEMBERSHIP CONTINUED

## ANNUAL MEMBERSHIPS

Members will be notified that their annual membership is nearing renewal. Dues must be paid before the end of their 12 months or the membership will change to inactive status.

## REJOIN POLICY

The Kearney Family YMCA allows members to cancel their membership following our 30 Day Cancellation Policy. After that time, if a member would like to rejoin the full joining fee will be charged unless a promotion is being offered at that time.

All outstanding balances must be resolved before the membership activation can be completed.

## CHECKING-IN: MEMBERSHIP CARDS, MOBILE APP, & NAMES

Each Kearney Y member can request for a membership card or collect their bar-code from the Welcome Center to download the "Daxko" mobile app. Our mobile app is the most current and up to date source of information for our facility, programs and schedules and is also used for checking in to the facility.

## NATIONWIDE MEMBERSHIP

With your Kearney Family YMCA membership, you have access to our location as well as inclusion in the YMCA's NationWide Membership Program which provides access to participating out-of-town Y locations. Before being admitted into a participating YMCA, nationwide members must present a valid Y membership card that includes a photo or other photo identification. Participating Ys are located across the country. If visiting a non-participating location, that Y's Guest Policy will govern access to facilities and programs. On average, at least 50% of your monthly visits must be to your home base YMCA (the local association that enrolled you and collects your membership dues).

If you are a college student, you will need to join the YMCA where your usage is 50% or greater. Nationwide Membership is based on individual usage not the family unit. Most Ys have a young adult or college membership option, or you can ask about the financial assistance program. These are the guidelines provide from the YMCA of the USA.

## GUEST PASS

Member must be present to redeem a guest pass. If member is not present guest will not be allowed in. Kearney Y Members now receive unlimited guest passes. Youth 17 and younger are not eligible to give guest passes as of February 1st, 2023.

**NATIONWIDE MEMBERS:** Guest passes are not transferable from your home Y. (Please review the Nation Wide section.)

## GUEST INFO

Guests can only be a guest 4 times. Once a guest has used 4 passes total, they will be asked to join as a member. All guest are required to complete:

- A Guest Slip
  - Sign the Guest Check-in book
- (The Guest's account must be in good standing).

## UPDATING PAYMENT METHOD

You may update your credit/debit card or checking/savings account information for monthly membership drafts through our Welcome Center at any time prior your pre-selected draft date (1st or 15th). To update your memberships billing method, please stop by the Welcome Center to complete a Change form.

Your online account does allow you to add payment methods but our Welcome Center will have to complete the change to the membership.

## MEMBERSHIP & PROGRAM REGISTRATIONS FEES

All financial fees must be paid upon registration or activation. Examples: Membership Prorate/Join-fee, Swimming Lesson fees, Youth Sports, fees, etc.

## MEMBERSHIP & PROGRAM SCHOLARSHIP RENEWAL

The membership & program scholarship is based on a yearly renewal system. Upon your renewal month you will be notified to provide your income to be evaluated for another year. Individuals are not guaranteed to receive the same award and will be checked with our sliding scale system. If the renewal paperwork is not submitted by the set deadline, the membership will switch to full rate and no refunds will be issued. Failure to submit the renewal paperwork will not result in the membership being terminated. Renewal paperwork can be submitted via email, mail, or in person to our Welcome Center or Membership & Marketing Director.



# MEMBERSHIP CONTINUED

## WELLNESS PARTNERSHIP TERMINATION POLICY

The Kearney Family YMCA joins in Wellness Partnerships to offer membership and program discounts and various perks. The Wellness Partners have the right to remove anyone from their discount group at any time. This will remove the discount but does not cancel the membership. Cancellation of the membership will be on the responsibility of the member. 30 day cancellation policy will apply.

## DISCOUNT QUANTITY AMOUNT

Only one discount can be applied to a membership unit at a time unless stated otherwise in a membership promotion.

## MEMBER PRICING FOR Y PROGRAMS

Kearney Y active memberships are eligible for member-pricing on most YMCA youth and child care programs, as well as personal training and specialized trainings.

## ADDITIONAL ADULTS/ROOMMATE FEE

You can add any additional adults (18+) that are living in the same household for \$16 per individual added to the monthly membership.

## LOCKER FEES

Small and Medium locker rentals are available on a monthly or annual rental basis. Members will be allowed to select what locker they prefer in the correct space. Individuals using combination locks will be asked to provide their combination to Welcome Center staff to have it notated on the members unit. Should there be a immediate need to access the contents of the locker the YMCA does reserve the right to clip any locks placed on the unit.

## CAREGIVER PASS

Any member who is in need of physical assistance while using the facility is welcome to have a care provider join them. This person does not need to be a member or pay a fee. Please note that this person also must stay with the member and is not allowed to do their own workout.

## NANNY PASS

Families who have a nanny or childcare provider for their children can add this person to their membership for a monthly fee of \$10. This will allow a person 16 years of age or older to directly supervise the children. This is not a membership and the nanny must remain with the children at all times. Families who have a nanny or childcare provider for their children can add this person to their membership for a monthly fee of \$10. This will allow a person 16 years of age or older to directly supervise the children. This is not a membership and the nanny must remain with the children at all times.

## RELOCATING / MOVING

A Welcome Center staff member can provide you with a copy of your completed Cancellation Form to take to your new YMCA requesting that your Join-Fee be waived at the new location. (Each YMCA is different in operations and policies, we cannot guarantee that they will honor the request.).

## MEMBERSHIP HOLDS

Members can place their membership on hold up to 3 months. Monthly membership dues will be paused but a \$5 hold-fee will process on the normal draft date. Memberships will not cancel at the end of the three months. If you are unable to participate for a longer period of time, we encourage you to cancel your membership and rejoin at a later date. Speak to our Welcome Center for more information.

## MEMBERSHIP CHANGE REQUESTS

To add or remove individuals from your membership or to change membership type, please stop by the Welcome Center to complete a Change Request Form. Upgrades will take effect immediately and downgrades will take effect on your select draft date (1st or 15th) following the notification. To cancel your membership, please complete a Membership Cancellation Form at the Welcome Center 30 days prior to your selected draft date.

# MEMBERSHIP CONTINUED

## **PROGRAM CHANGE REQUESTS**

Changes to a program registration, prior to its start date, can be completed with our Welcome Center. Once a program has begun all changes must be processed by the manager of that program.

## **PROGRAM / CLASS CANCELLATION**

We will cancel a class if it does not reach its minimum required enrollment. The YMCA staff will make every effort to promote and implement all classes offered. If the minimum enrollment is not met, you will be given the option of joining another class or receiving a system credit that can be applied to membership or another program / class. In the event you need to cancel your enrollment to a class or program, please contact our Welcome Center to discuss what options are available. All credit requests must be made prior to the end of a class / program.

**Missed classes cannot be made up or prorated.**

## **MEMBERSHIP REFUNDS & CANCELLATIONS**

You may cancel your membership at any time by completing a Cancellation Form with our Welcome Center. (Cancellations are not permitted over the phone.) Due to our 30 Day Cancellation Policy, if a cancellation is not completed during the draft grace period or 30 days prior to your draft date you will be drafted one final time. Thus granting anyone active on the membership access to the Kearney Family YMCA facility and programs until the end of their paid period.

For the safety of your personal and private information memberships can not be canceled over the phone.

Monthly membership dues are nonrefundable.

Annual memberships: A refund can be requested for the months that have not started and that are remaining in the current paid cycle.

# FACILITY AMENITIES & GUIDELINES

## **FACILITY USE (THIRD PARTIES)**

The Kearney Family YMCA, does not permit the use of its facilities by unauthorized independent contractors, personal trainers, private lesson instructors, individual or group coaching, youth or adult sports team practices, etc.—including those led by Y staff off-the-clock, Y members, and non-members attending as a guest or at Day-Fee rate—which may or may not engage in the provision of services in exchange for paid compensation by parties involved. If formal or semi-formal training or instruction pertaining to a skill set is being given on Kearney YMCA property—without prior approval by management—Y staff may inquire about the scenario, document the incident for management follow up and/or ask the participants to leave the premises, if determined to be in violation of Facility Use Policy. Repeated offenses may lead to immediate removal from the facility, up to and including a temporary or permanent usage ban across the association.

## **PHOTO / VIDEO**

Membership enrollment, entry into facilities or property/grounds, participation in YMCA programs and/or events grants permission and consent for participant (s) to be photographed or videotaped, audiotaped or recorded and waives any privacy rights with regard to the display of such photographs, broadcasts, recordings, etc. in presentations, publications, websites, social media, news, radio, TV and other means. If you have concerns with the use of these items, you are responsible for personally notifying a Branch Director in writing. The YMCA does not control, regardless of your circumstances, the taking or use of photos/videos, etc. at “public events” such as athletic events, outreach events, etc. where members of the public/community/media are invited.

## **INCLEMENT WEATHER POLICY**

If the Kearney Public Schools are closed or delayed, we may operate on a delayed opening schedule. In extreme weather conditions we will announce closing and/or reduced hours on TV, social media, our mobile app, and our website.

## **POOL LIGHTNING POLICY**

Our pool will close if there is a lightning strike within 10 miles of the facility. Until there is no strike for 30 minutes the pool will remain closed.

## **SEX OFFENDER REGISTRY**

The YMCA conducts regular sex offender screenings on all members, participants, and guest. If a sex offender match occurs, the YMCA reserves the right to cancel memberships, end program participation and remove visitation access. Sex offender are not permitted entry to the facility.

## **DRESS CODE**

The YMCA reserves the right to prohibit anyone from entering workout areas or classes due to inappropriate attire. The Y requires:

- Closed-toe tennis shoes that are clean or dry
- T-shirts and tank tops covering the chest and midriff area (avoid midriff-baring sport bras), as well as workout shorts/pants (avoid short shorts).
- Graphics on clothing must be free of profanity and drug or alcohol references.
- Swim wear specifically marketed for swimming must be worn to enter the pool. Please respect others and wear swim wear that is appropriate for a family environment.

## **LOST & FOUND**

The Kearney Family YMCA is not responsible for lost or stolen property. Should anything be believed to be stolen we encourage individuals to call the Kearney Police. The Kearney Y will work and follow their guidelines and procedures. We do retain lost and found items whenever possible. Items will be kept 14 days and then given to charities in the community that are in need. Please contact our Welcome Center to inquire about lost items.

# FACILITY AMENITIES

## AQUATICS/POOL

- Clean with soap and water before entering pool
- Swim suit required: clean and full coverage
- Tight-fitting protective covering required for diapers & preventative under-garments (all ages)
- Change diapers in the locker room
- Photography is allowed with permission of lifeguard
- Children under age 13 must pass swim test, or be accompanied by adult in water – see posted swim test rules
- No pool use when under the influence of alcohol or drugs
- No street shoes allowed on pool deck or shower areas
- No running or horseplay in pool area
- No diving – jump feet first
- No food, drinks or gum allowed; Water bottles okay (no glass).
- No prolonged submersion or breath holding
- Do not swim alone if you have seizure, heart or circulatory problems
- Do not use pool if you have a communicable disease or have had diarrhea/vomiting in past two weeks
- Call 911 in an emergency – phones/first aid are located at aquatics office and front desk

## LOCKER ROOMS & STEAM ROOMS

The YMCA requests that children age six and older use the appropriate youth shower and locker areas. The Kearney Family YMCA have designated locker areas for youth who are not directly supervised by a parent/guardian. Cell phone use is prohibited in all locker rooms. Please contact any Front Desk with questions.

- Men's Locker Rooms: available for use by any male age 19 or older
- Women's Locker Rooms: available for use by any female age 19 or older
- Boys' Locker Rooms: available to dads/male caregivers and boys, dads/male caregivers and girls ages 5 and under, and boys age 18 and under
- Girls' Locker Rooms: available to moms/female caregivers and girls, moms/female caregivers and boys ages 5 and under, and girls age 18 and under
- Private Changing Areas: available at most locations

### Locker Room Rules

- Respect the privacy of others
- Clean hair from showers
- No peeing in the showers
- Throw away trash
- Place used towels in the towel bin
- No spitting
- No video recording
- Keep valuable items at home or secured in with you
- Lockers are not to be used overnight. Locks will be cut, items removed and placed in Lost & Found
- Locker rentals are available with our Welcome Center
- The Y is not responsible for items lost or stolen
- Youth ages 5 and under may use the same locker room as their supervising adult regardless of gender
- Family changing rooms are available for anyone with small children, people with diverse abilities, or members who need more privacy

### Steam Room

- Must be 16 or older
- Must be clothed at all times
- Wearing only a towel is not allowed
- Shaving, scents, or washing of body is not allowed
- Exercise with equipment is not permitted
- Tampering with the system in any manner is not allowed

# FACILITY AMENITIES

## WELLNESS CENTER & GROUP EX STUDIO'S

### Wellness Center

- No one under the age of 8 is allowed in the Wellness Center without a parent/guardian.
- Youth 13-15 can be alone in the Wellness Center but must be able to present the correct YMCA identification.
- Parents, guardians, and caregivers must remain with the individual during the use of the Wellness Center.
- Wipe down equipment after each use.
- Do not slam weights.
- Unload and re-rack your weights when finished.
- Be respectful of our equipment. If you do not know how to use a piece, ask for help.
- Be respectful to the people around you and do not use abusive language.
- Be caring to the people around you and allow them to use equipment between your sets.
- No third party training is allowed in our facility.
- Report any issues to a Y staff member.

### Group Ex. Studios

- Bring a water bottle. No breakable containers.
- Wear proper exercise attire while utilizing the Group Ex Studios.
- Sandals, flip-flops, or open toe shoes are not permitted.
- Please do not wear street shoes in the Group Ex Studios.
- Members should return all equipment utilized during programs back to proper storage areas.
- Members are encouraged to arrive 15 minutes prior to class starting.

## COURTS/GYM

- Food and beverages are not allowed in the gymnasium. Only water in a clear plastic container is permitted. Absolutely no glass containers are allowed in the gymnasium.
- Basketballs are for playing basketball and should not be kicked or thrown at people or walls.
- No dunking or grabbing of the nets, this will result in removal from the gymnasium for the remainder of the day. Multiple offenses will result in disciplinary action and membership termination.
- You are responsible for keeping your valuables out of sight and secure. The Kearney Family YMCA is not responsible for lost or stolen property. Do not remove any items from the facility or other individuals that do not belong to you.

## CHILD WATCH

- Kearney Y Family/Household members receive 120 minutes of free Child (per child per day) for all dependent children on the membership.
- Child Watch is for ages 6 weeks to 7 years of age.
- Members will check-in with the Child Watch staff, letting the staff know what area of the building they will be located.
- Parents/guardians are not allowed to leave the building while children are in Child Watch.
- Child Watch is a Kearney Family YMCA member perk only.
- Children attending Child Watch must be active on the Kearney Y membership.

## RENTAL SPACE & BIRTHDAY PARTIES

You may reserve space at the Kearney Y for special occasions such as birthday parties, receptions, corporate team building, banquets, meetings, etc. The Kearney Y does have birthday party packages that include cake, games, reserved room space etc. Visit with our Welcome Center for more information.

## MEMBER FEEDBACK

Comment cards are available at our Welcome Center at all times for you to provide feed-back. Alternatively, you can email us at [ymcakearney@kearneyymca.org](mailto:ymcakearney@kearneyymca.org). Your feedback allows us to work together to better meet your needs and improve our facilities and programs.