



BETTER TOGETHER BECAUSE OF OUR COMMUNITY

## **WELLNESS PARTNERSHIP**

OFFERED AT KEARNEY FAMILY YMCA

By partnering with the YMCA, not only will your employees benefit, your company will benefit as well. Your employees will have the opportunity to be part of a place where people can build stronger bonds, achieve greater work/life balance and become more engaged with their community!

It is a fact that **healthy** employees are more **productive**, have lower stress, are more **positive**, miss work less often, lower **healthcare** costs, and have fewer medical claims.

Plus, it gives your employees benefit program one more attractive **option**, leading to greater employee **satisfaction** and **retention!** 

## **PARTNERSHIP BENEFITS:**

YMCA MONTHLY RATES	EMPLOYER CONTRIBUTION	YMCA MATCH	EMPLOYEE PAYS
2 Adult with Youth \$81.50	\$5 and up	\$5-\$10	\$61.50 maximum
<b>1 Adult with Youth</b> \$71.00	\$5 and up	\$5-\$10	\$51.00 <b>maximum</b>
<b>Young Adult</b> \$42.50	\$5 and up	\$5-\$10	\$22.75 maximum
<b>1 Adult</b> \$55.00	\$5 and up	\$5-\$10	\$35.00 maximum
<b>2 Adult</b> \$78.50	\$5 and up	\$5-\$10	\$58.50 maximum



AS OF JANUARY 6TH, 2022

Welcome

## **PARTNERSHIP PERKS:**

Week Night
Hiring Group Programs and
Booth Swim Lesson
Discount

Welcome

Discount Group Ex. Demo

Annual
Partnership Night

Healthy Living Challenges NationWide

Membership

Volunteer Opportunities Lunch & Learns

**Together Tuesdays** 

PERKS ALWAYS IMPROVING!

Perks as of January 10, 2024

## **CURRENT PERKS**

	COMMENT		
Welcome Week	Open House Week will allow your employees to "Try the Y" for a week before they join. This can be scheduled up to three times a year.	Group Ex. Demo Classes	Group Exercise demos give your employees the chance to try our classes. We do require a minimum of 4 people to show interest and
Welcome Night  Annual Partnership	Let's get this partnership started with a night to allow your employees to come to the Y! Our Welcome Night will allow your employees to get a tour, register for any programs that catch their eyes, start their membership, and take part in some fun activities! Raise engagement of your brand together!  [After Hours]  Celebrate the employees work, by letting	NationWide Membership	register before we schedule a demo.  Nationwide Membership enables you to visit any participating YMCA in the United States through membership at your "home" YMCA (your home Y is the local association that enrolled you as a member and collects your membership dues). We offer this because we want to help you reach your health and wellness goals
Night	them have the Kearney Y all to themselves for the evening.		wherever you live, work, or travel. This is an essential part of our mission to strengthen communities.
Lunch & Learns	[Zoom or In-Person]  You choose the wellness topic for us to speak to your team about. Examples: Balance of Nutrition, Your Y Membership, Perks, etc.	Volunteer Opportunities	Volunteering at the YMCA is a fun and rewarding way to support your neighbors, strengthen your community, and connect with amazing people. We believe that lasting personal and social change happens when we all work together. When you volunteer at the Y, you take an active role in changing and strengthening your community.
Hiring Booth	Getting the word out that you are looking for some new faces to join your team can be a headache. So let us help out by giving you a chance to table at our location!		
Healthy Living Challenges	Let's challenge your team together!  Healthy Living challenges are short-term behavior change contests, interventions, and team activities designed to improve health and employee morale. These can be scheduled and run whenever you would like. Common challenges examples: Gallon A Day, Step Challenges, Eat Your Greens, and any suggestions you would like!	Group Programs and Swim Lesson Discount	[10% Discount]  Let your teammates share the appreciation with their household by sharing a perk. Whether it is learning a life - saving skills like swimming or playing with a spouse/roommate on an adult league, we want to help grow our overall community together.  [Must be on the active household unit]
Child Care Discount	[10% Discount]	Together Tuesdays	
(Preschool, Day Care, Summer Camp, Holiday Camp, School's Day Out)	We don't want your teammates to stress about finding Child Care. Voted 2nd best Child Care in Kearney, we offer Before/ After School Care, Full Day Care, Kindergarten Prep, Summer/Holiday Camps, and School Day Outs.	-3	Need employees? Share your company with the Y! You have the option to table / booth at the Y on the last Tuesday of each month. Let us know what Tuesday works best for you.